

LIVE UNITED™

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Farewell & Best Wishes to a Devoted Volunteer



Dr. Cynthia Barnett (Cyndi) is employed by the University of California Cooperative Extension Agriculture and Natural Resources and has been in San Bernardino for the past 3 years. Upon arriving in San Bernardino Cyndi quickly became involved with the Arrowhead United Way Community Impact Councils. There are three Community Impact Councils that review agency grant applications of nonprofits applying for AUW funding. After participating with the councils for a few months Cyndi began chairing the Arrowhead United Way Community Impact Cabinet which gave her the volunteer title of Vice Chair of Community Impact. Cyndi chaired the Community Impact Cabinet meetings for almost 3 years in which she was also a member of the AUW board of directors and Executive Committee. Cyndi's expertise is in outcomes measurement and program evaluation. Cyndi enthusiastically shared her knowledge with nonprofits by facilitating Arrowhead United Way community trainings. Our nonprofit community, AUW Staff, Partner Agencies and Community Impact Volunteers all greatly benefited from her knowledge. Cyndi will be relocating to Redding, California in December to work with another UC program. We will miss you Cyndi...Thank you for giving your talent, time and devotion to our cause. You have truly made a difference!

What's happening at AUW

◆ Recently, local Bank of America Branch Managers volunteered with Arrowhead United Way at the Central City Lutheran Mission (CCLM) in San Bernardino. Volunteers prepared clothes for the Mission's resale store in a little over an hour; one CCLM employee indicated that it would have taken them a week to sort and organize all the items. The volunteers also spent time with the students that attend the Mission's after school program. Volunteers then offered 2 hours of one on one tutoring and homework assistance and finished the day by organizing supplies for the after school program.



Bank of America Volunteers



**LLU School of Public Health Students
(L-R) Helen Young, Kelli Hobby, Kacey Mccoig**

◆ Arrowhead United Way's (AUW) Community Health Awareness program offers free nutrition courses on developing healthy lifestyles to prevent and reduce obesity in the community. Workshop participants learn the fundamentals of nutrition, how to read a food label, how to shop for inexpensive healthy food, portion control, and physical activity among other important information. The Community Health Awareness program aligns with one of United Way's three major goals: to increase the number of healthy youth and adults by avoiding risky unhealthy behaviors. The program and workshops are sponsored by Kaiser Permanente and are conducted by Loma Linda University, School of Public Health students.

◆ The Women's Leadership Council (WLC) of Arrowhead United Way recently hosted Chic Boutique: A Holiday shopping, food, and wine tasting event. Vendors were selling everything from must-have jewelry designs and hand-made teapots to personalized plaques and unique food products, at the California Welcome Center. Shoppers were treated to food & wine samplings as they browsed the many selections and got a jump start on their holiday shopping. The Chic Boutique raised money for WLC programs through opportunity drawings for baskets that were donated by the vendors. The event was such a success that people are already requesting it for the coming year!

Chic Boutique Vendors



Make A Difference Day

◆ Arrowhead United Way partnered with Central City Lutheran Mission in San Bernardino for 'Make A Difference Day' in order to renovate classrooms for the Mission's after school program. Members and volunteers painted every classroom and planted flowers and fruit trees donated from Serrano Nursery in Colton. The organization also created new academic based playground games for students to encourage and support physical play and activity. The event drew in over 75 volunteers who participated in the event. Volunteer teams from Fed Ex Rialto, the California Conservation Corps, along with Well's Fargo Home Mortgage lent a genuine hand to the much needed repairs. Starbucks, Costco and Pizza Hut donated breakfast and lunch for all the volunteers participating in the event. During lunch The San Bernardino Teen Music Workshop group performed for all the volunteers. ITT Tech even donated classroom furnishings to aid in the renovations. Students in the Mission's after school program also came out to help reinvent their new classrooms.

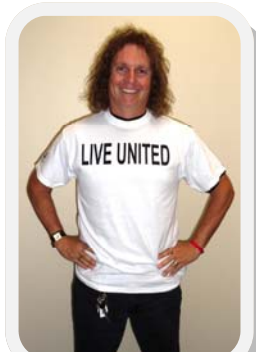
A Fond Farewell to our Loaned Executives



Brenda Moses
State LE- DMV

Arrowhead United Way was once again fortunate enough to receive Loaned Executives from the State and County to assist with the CSECC (California State Employees Charitable Campaign) and County Campaign. Loaned Executives (LEs) lend their expertise and energy to help United Way expand solicitation efforts, reach new markets and broaden the base of community giving. Specifically, the LEs from the state work directly on efforts associated with the CSECC and County LEs work with the annual County Campaign. We can't accomplish our goals without our LEs.

We were fortunate to have two state employees work with us this year: Mark Stocking, and returning from last year, Brenda Moses. Mark was brand new to the Campaign this year, so he learned a lot and his winning personality helped us gain access to difficult to reach agencies. Due to the fact that Brenda worked with us last year, she was raring to go this year and really took charge of some of our major state agencies.



Mark Stocking
State LE- Probation

Vanessa Duardo (and baby on the way) was our County LE this year, and she brought such strength to this year's campaign as she was motivated to encourage all county employees to donate. She also brought creativity to the campaign with her fundraisers and her vibrant personality. We are truly grateful for their assistance in making this year's campaigns a success and we miss them already.



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